

April 2025



## Ending hunger together

Spring is here, and we are looking forward to the warmer weather and the hope it brings. We are hosting a **Spring breakfast** for our foodbank clients this month - a chance for people to come together to chat and enjoy a freshly cooked meal - and take home a donated Easter egg!

And on **Valentine's Day** we were able to give out wonderful donated chocolates, along with handmade cards made by local school children.

As ever our brilliant volunteers and donated food are at the heart of the help we give at the foodbank.



At a recent foodbank session one of our clients, who is rebuilding his life after years being homeless, said he'd woken up that morning without any food in the house at all - not even porridge. He said this was scary, but that he was reassured knowing he could get supplies from the food bank.



The shake-up to welfare announced recently, and the planned reductions in benefits, will mean that more people than ever will need to turn to the foodbank. Disabled people will be particularly impacted - already 75% of people using a Trussell foodbank come from a family where someone is disabled.

The need for Kensington & Chelsea Foodbank has never been greater. We will continue to

- **Meet the need** by providing emergency food parcels
- **Reduce the need** by providing expert advice and support to help people find routes out of poverty
- **End the need**, through Trussell's campaigning work to end UK hunger.

We have enjoyed some fantastic visits from local school children lately. Not only do they have the chance to learn about why foodbanks are needed and to think about how to support those in need, but they have also brought donations and helped pack bags ready for foodbank clients.



We've also welcomed volunteers from local businesses. The foodbank is a community effort, and we always take opportunities to work together to support those in the community who are struggling.



A vital part of the work we do is the advice and support we provide to foodbank clients to help them to find routes out of poverty. Once the stress of securing their food supply is over, foodbank clients can find expert, free support on hand to advise on debt, benefits, housing, addiction and more.

All of this happens through our partnerships with Citizens Advice, Turning Point and The Clement James Centre, and we see this as a vital extension of our work providing food support.

## How you can help!



### Donate

We are ambitious to support as many people as need our help. You can donate to us directly by scanning this QR code - and you can add Gift Aid too!



### Donate food

Donations of non-perishable food are always welcome, and we can update you on the most needed items. You can either drop it off to the foodbank, or give supermarket vouchers for us to use.



### Fundraise or volunteer

If you are participating in any sponsored events or want to organise a fundraising initiative, or if you would like to get involved as a volunteer, please do let us know - we'd love to work with you!



We want a future where food banks aren't needed. Until then, we are here to help those in need.  
Kensington & Chelsea Foodbank is open on Tuesdays and Fridays, 10.30am - 1.30pm.

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